



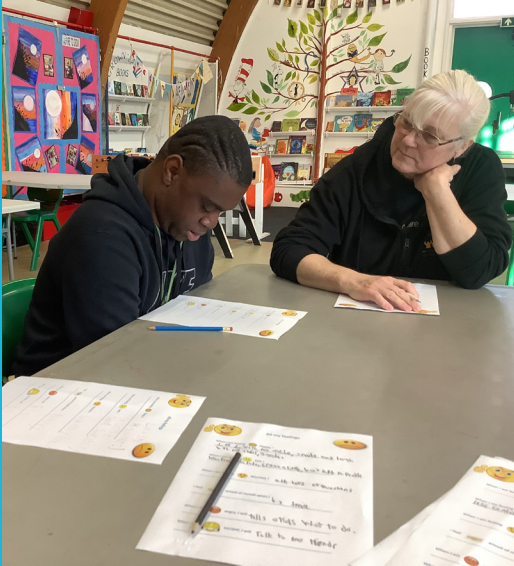
Ambition Aspire Achieve

Charity Registration Number: 1167816

SEND POSITIVE TRANSITIONS

FREE LIFE SKILLS support for young people aged 16 to 24 with additional needs Staff Ratio 1 staff member to 4 young people

At Terence Brown Arc in the Park Bethell Avenue, London E16 4JT



Weekly sessions helping to build confidence and develop new skills for young people with additional needs that are transitioning into adulthood

Sessions Include: Life Skills including cooking and other household activities, Social interaction, Personal development and confidence building, Art and photography, Gardening and growing, Sports and a healthy lifestyle, Music, Day trips, Work experience and much much more!

Timings:

Mondays (Life Skills) - 1:30pm to 3:30pm

Tuesdays (Sports and healthy lifestyle) - 1:30pm to 3:30pm

Thursdays (Creative sessions and workshops) - 2pm to 4pm

Contact us now for further details and to book a place:

Liam on: 0207 511 4253/ liam@theaazone.com

Web: www.theaazone.com | Twitter: [@theaazone](https://twitter.com/theaazone) | Facebook [@AmbitionAspireAchieve/](https://www.facebook.com/AmbitionAspireAchieve/)

| Instagram: [@ambtionaspireachieve/](https://www.instagram.com/ambtionaspireachieve/)