

Ambition Aspire Achieve

Charity Registration Number: 1167816

# CYCLING CLUB

GLYN HOPKIN ABBEY HUB

6 GAY ROAD, STRATFORD, LONDON E15 2RN

**EVERY SATURDAY from 2pm to 4pm**

**Opportunities and activities for all ages from 5 upwards**

**Great Value - Only £2 per Session**

**BIKES AVAILABLE - No need to have a bike of your own**

**Activities include:** Learn to ride • riding for fun • Bikeability courses (all levels) • group rides • bike maintenance • BMX bikes • trips to BMX tracks • Velodrome • cross country tracks

**★ Opportunity to build your own a bike! ★**

**Young people with disabilities and/or additional needs especially welcome**  
(we have a wide array of adapted bikes)



The Glyn Hopkin Abbey Hub is a COVID-19 safe environment

**For further details call Marie 07852350786**  
**email - [marie@theaaazone.com](mailto:marie@theaaazone.com)**  
**PRE-BOOKING ESSENTIAL**



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## **COVID-19 Additional Information**

At Ambition Aspire Achieve our main priority is to keep children and staff safe, whilst providing fun and engaging activities. Following guidance surrounding COVID-19, we have introduced a number of measures to ensure our clubs and activities are delivered safely at all times

### **Safety measures will include:**

- Limited spaces - places must be pre-booked
- Additional controls in place to access playschemes including non-invasive temperature checks
  - Reduced group sizes at any one time
- Extra hygiene/cleaning measures, before/during/after sessions
  - Maintaining social distancing measures
  - Adapted activities that are fun and engaging

**Contact us now for further details:**  
**Marie on 07852 350786 / [marie@theaaazone.com](mailto:marie@theaaazone.com)**

**Web:**[www.theaaazone.com](http://www.theaaazone.com) | **Twitter:** [@theaaazone.com](https://twitter.com/theaaazone.com) | **Facebook** [@AmbitionAspireAchieve/](https://www.facebook.com/AmbitionAspireAchieve/)