



Ambition Aspire Achieve

Charity Registration Number: 1167816

CYCLING CLUB

TERENCE BROWN ARC in the PARK
Hermit Road Park, Bethell Avenue, E16 4JT

EVERY SATURDAY from 10.30am to 12:30pm
Opportunities and activities for all ages from 5 upwards

★ **Great Value - Only £2 per Session** ★

BIKES AVAILABLE - No need to have a bike of your own

Activities include: Learn to ride • riding for fun •
Bikeability courses (all levels) • group rides • bike
maintenance • BMX bikes and trips to BMX tracks •
Velodrome • cross country tracks

★ **Try our very own Arc 120m Bike Track!** ★

★ **Opportunity to build and own your own bike** ★

Young people with disabilities and/or additional needs especially welcome
(we have a wide array of adapted bikes)

For further details contact Paula
07432 024002 / 0207 511 4253 paula@theaaazone.com

PRE-BOOKING ESSENTIAL



The Terence Brown Arc in the Park is a COVID-19 safe environment

Ofsted
Registered



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COVID-19 Additional Information

At Ambition Aspire Achieve our main priority is to keep children and staff safe, whilst providing fun and engaging activities. Following guidance surrounding COVID-19, we have introduced a number of measures to ensure our clubs and activities are delivered safely at all times

Safety measures will include:

- Limited spaces - places must be pre-booked
- Additional controls in place to access playschemes including non-invasive temperature checks
 - Reduced group sizes at any one time
- Extra hygiene/cleaning measures, before/during/after sessions
 - Maintaining social distancing measures
- Adapted activities that are fun and engaging

Contact us now for further details:

Paula on 0207 511 4253 / 07432 024002 / paula@theaaazone.com

Web:www.theaaazone.com | Twitter: [@theaaazone.com](https://twitter.com/theaaazone.com) | Facebook [@AmbitionAspireAchieve/](https://www.facebook.com/AmbitionAspireAchieve/)