



Ambition Aspire Achieve

Charity Registration Number: 1167816

# CYCLING CLUB

TERENCE BROWN ARC in the PARK  
Hermit Road Park, Bethell Avenue, E16 4JT

EVERY SATURDAY from 10am to 12pm

Opportunities and activities for all ages from 5 upwards

Only £2 per Session

BIKES AVAILABLE - No need to have a bike of your own  
Activities include: Learn to ride, Riding for fun, Bikeability  
courses (all levels) , Group rides, Bike maintenance and much  
more more!

Try our very own Arc 120m Bike Track!

Opportunity to build and own your own bike

Young people with disabilities and/or additional needs especially welcome



Contact us now for further details

Paula on: 0207 511 4253/ [paula@theaaazone.com](mailto:paula@theaaazone.com)

Web: [www.theaaazone.com](http://www.theaaazone.com) | Twitter: @theaaazone | Facebook @AmbitionAspireAchieve/

| Instagram: @ambtionaspireachieve/