



Ambition Aspire Achieve

Charity Registration Number: 1167816

CYCLING CLUB

TERENCE BROWN ARC in the PARK
Hermit Road Park, Bethell Avenue, E16 4JT

EVERY SATURDAY from 10.30am to 12:30pm

Opportunities and activities for all ages from 5 upwards

Only £2 per Session

BIKES AVAILABLE - No need to have a bike of your own

Activities include: Learn to ride, Riding for fun, Bikeability courses (all levels),
Group rides, Bike maintenance and much more more!

Try our very own Arc 120m Bike Track!

Opportunity to build and own your own bike

Young people with disabilities and/or additional needs especially welcome
(we have a wide array of adapted bikes)



Contact us now for further details and to book a place:

Paula on: 0207 511 4253/ paula@theaaazone.com

Web: www.theaaazone.com | Twitter: @theaaazone | Facebook @AmbitionAspireAchieve/

| Instagram: @ambtionaspireachieve/