

Ambition Aspire Achieve

Charity Registration Number: 1167816

CYCLING CLUB

GLYN HOPKIN ABBEY HUB
6 GAY ROAD, STRATFORD, LONDON E15 2RN

EVERY SATURDAY from 2pm to 4pm

Opportunities and activities for all ages from 5 upwards

Only £2 per Session

BIKES AVAILABLE - No need to have a bike of your own

Activities include: Learn to ride, Bikeability courses (all levels), Group rides

Bike maintenance, Ride for fun and much much more!

Young people with disabilities and/or additional needs especially welcome

(we have a wide array of adapted bikes)



Contact us now for further details:

Marie on: 07852350786/ marie@theaaazone.com

Web: www.theaaazone.com | Twitter: [@theaaazone](https://twitter.com/theaaazone) | Facebook [@AmbitionAspireAchieve/](https://www.facebook.com/AmbitionAspireAchieve/)

| Instagram: [@ ambtionaspireachieve/](https://www.instagram.com/ambtionaspireachieve/)